

# Stainforth and Catrigg Force

**Distance:** 3km (2 miles)

**Time:** a minimum of 1hour

**Accessibility:** there are a number of stiles to cross on this moderate walk. The footpath through the wood can be slippery and there is a steep climb.

**Parking:** Stainforth car park (BD24 9PF. SD 82055 67266)

**Toilets:** Stainforth car park

**Refreshments:** pub in Stainforth Village. There are also many cafes, shops and pubs in Settle Town, approx 2 miles away.

## **Closest National Park**

**Centre:** Malham National Park Centre BD23 4DA (call 01729 833200).

## **Route description**

1. Leave the car park from the main entrance and turn right. Follow the road, over the 14th century bridge to reach the pub on your right hand side.
2. Take the narrow road to the left, signposted PBW. Bear right and then take the footpath off to the left in between the cottages, follow through open fields to the woodland. The path climbs up a limestone stairway through the woods above Stainforth Scar.
3. Emerging at the top of the climb, fine views up Ribblesdale can be enjoyed. After leaving the woods take the left hand path through to Upper Winskill Farm.
4. Go through the farmyard and follow the driveway. Where the main gravel track turns right carry straight ahead next to a wall, following the bridleway signposted Stainforth 1 3/4. Continue down through a gate signposted Pennine Bridleway Stainforth, where you will see fine panoramic views of the Yorkshire Dales Three Peaks—Pen-y-ghent to the near right, Ingleborough to the left and Whernside to the far right. The track leads you to the top of Goatscar Lane, this historic lane was once part of a vital trade link between Ripon and Lancaster.
5. Go through the gate onto the lane and on the right is a path leading down to Catrigg Force waterfall—take care down the slope and near the edge. Retrace your steps to the lane, follow it down to return to Stainforth village green. Either follow the road round to the left, back to the bridge and car park, or continue ahead crossing Stainforth Beck via the stepping stones and follow the road back to the car park.



# Stainforth and Catrigg Force distance 2 miles (3km)

